





Course: Advanced High Performance Leadership

Code	City	Hotel	Start	End	Price	Language - Hours
394	Manama (Bahrain)	Hotel Meeting Room	2025-12-28	2026-01-08	4950 €	En - 50

The Course

This advanced level leadership program is aimed at giving you the skills you need to manage and lead people to an advanced level - focusing on six key areas of leadership - Communication, Innovation, Vision, Inspiration, Enabling and Encouragement.

You will have the opportunity to test your current skills and be challenged and coached to become the best leader you can be. Using case studies and examples from great historical leaders, and the elite of the modern business world, we will investigate leadership and human behavioral patterns, look at changes in business trends, study human motivation and work on modern practical leadership tools and methodologies.

At every point in this advanced level program you will be encouraged to participate in discussion, group work, practical exercises, meetings and experiments. Because this is an advanced level program, you receive feedback and coaching so that you can improve your performance as a leader.

This exciting and inspiring advance level leadership program, will give you the challenge and the boost you need to move you onto the next level of leadership.

In a world were staying the same, means falling behind, this could be the challenge you have been waiting for.

The Structure

Module 1 - The Leadership Journey



Module 2 - The Leadership Challenge

The Goals

- Understand the real meaning of leadership
- Become a master of communication and influence
- Create and harness the power of vision and visualization
- Motivate and inspire people
- Learn how to have a magnetic personality
- Create momentum and urgency within yourself and others
- · Learn how to engage, inspire and enable your people

The Process

The course is delivered in a fun and inspiring style, by a speaker passionate about the leadership, various methods will be used to keep participants engaged, the use of video, and case studies from historical leaders, business case studies, group work, and experiments and one to one practice. The course is aims to challenge you, so that you can advance your skills. This course will be an exciting journey of discovery you will enjoy.

The Benefits

- You will be a must stronger leader
- You will be a master of communication
- You will clarify your business and personal vision
- You will increase your level of influence on others
- You will learn the secrets of the past masters
- You will gain the tools to build a inspiring personality

The Results



- A more confident and professional employee
- An employee who is driven and has a sense of urgency
- An employee who can inspire others
- An employee with excellent communication skills
- An employee who can engage and enthuse teams
- A more motivated employee

The Programme Content

Module 1:The Leadership Journe

Leadership

- What is true leadership, lessons from the past masters
- · Modern leadership and its impact on business
- Human behaviour, predictable outcomes
- The new business reality and its impact on us all
- Force field analysis and the comfort zone
- Employee mentality versus entrepreneurial spirit
- The equalizer effect
- · Leaders versus managers

Vision

- The strangest secret
- How to create a vision
- How to harness the power of vision through visualisation
- Psycho cybernetics and its connection with vision
- · Goal setting the key to making vision a reality
- The mastermind group
- Positive mental attitude, gaining power from a strong vision



- Linking vision to mission and values
- Vision timeline, mathematical coaching model

Communication

- · Discover your communication style
- Identify other peoples communication style
- Learn how to motivate and influence each of the style
- Body language
- The 5 levels of listening
- Advanced questioning techniques
- · Selling your ideas and vision
- How to get buy in from others
- Selling your ideas through excellence in communication

Innovation

- How to create a culture of innovation
- How to engage your people to generate new ideas
- · Left brain, right brain and innovation
- · Creative thinking and problem solving
- Suggestion boxes, and reward criteria
- Quantity versus quality on innovation projects
- Sticky note innovation
- Absolute versus desirable criteria
- · Using multi disciplined employees to gain width and depth
- Using innovation to reduce costs

Influencing skills

- The relationship bank account
- The 10 guaranteed deposits
- Confidence is king



- The give to get ratio
- The fire within, Enthusiasm
- Time to get passionate
- The BE. DO .GET model
- The pipeline principle

Module 2: The Leadership Challenge

The challenge

- The leadership challenge
- Rule number 1, Everything matters
- The importance of stretching ourselves
- · Association and its impact on our ability to inspire
- · Receiving feedback on our abilities, from other leaders
- Why standing still is no longer an option
- Even eagles need a push, and so do we
- The cycle of personal growth

Inspirational Leadership

- · Why some people are inspirational
- Why Human Beings desire to be inspired
- Human behavioural patterns and cultural differences
- Differing forms and styles of inspiration
- A decision? A skill? or something we are born with
- Why some people win and some people fail
- Dreamers versus planners
- Lighting a fire under your people
- The leadership challenge

Enabling



- What is an enabler
- · Why managers and enablers are so different
- The skills required to become an enabler
- · How the giving away power, will gain you more
- · Enabling in different cultures
- Resistance to an enabling business culture
- · Why enabling, gains loyalty and increases trust
- · Why enablers are far stronger than managers
- The leadership challenge

Engaging and encouraging your people

- Why most employees are not engaged by their work
- The 45 year plan, and its effect on motivation
- The true cost of business meetings
- Engage your team to gain better results
- Engagement in business meetings
- Everyday engagement principles
- Engaging an audience though presentations
- Engaging, where to draw the line
- · Recognition and rewards
- The leadership challenge

Personal leadership challenge

- · The dream
- The goals
- The style
- The accountability
- The payback
- The enabler
- The shield



• The sword



The Scandinavian Academy for Training and Development employs modern methods in training and skills development, enhancing the efficiency of human resource development. We follow these practices:

• Theoretical Lectures:

We deliver knowledge through advanced presentations such as PowerPoint and visual materials,
including videos and short films.

• Scientific Assessment:

• We evaluate trainees skills before and after the course to ensure their progress.

• Brainstorming and Interaction:

 We encourage active participation through brainstorming sessions and applying concepts through role play.

• Practical Cases:

• We provide practical cases that align with the scientific content and the participants specific needs.

• Examinations:

 $\circ\,$ Tests are conducted at the end of the program to assess knowledge retention.

• Educational Materials:

• We provide both printed and digital scientific and practical materials to participants.

• Attendance and Final Result Reports:

• We prepare detailed attendance reports for participants and offer a comprehensive program evaluation.

• Professionals and Experts:

• The programs scientific content is prepared by the best professors and trainers in various fields.

• Professional Completion Certificate:

Participants receive a professional completion certificate issued by the Scandinavian Academy for
Training and Development in the Kingdom of Sweden, with the option for international authentication.

• Program Timings:

 Training programs are held from 10:00 AM to 2:00 PM and include coffee break sessions during lectures.