





## Course: Organising and Behavioural Skills for Administrative Professionals\_Executive Secretaries\_PAs

Code	City	Hotel	Start	End	Price	Language - Hours
504	Barcelona (Spain)	Hotel Meeting Room	2025-01-20	2025-01-24	5450 €	En - 25

### Introduction

The roles of administrative professionals in business are continually evolving. This exciting and interactive master-class is designed to provide you with the opportunity to review and develop your interpersonal and professional skills to maximise your effectiveness.

## In this master-class you will discuss how to:

- enhance your skills to enable you to work at a higher level
- appreciate the value and importance of your role
- understand your business in order to work effectively
- use communication skills to your advantage and to the benefit of your organisation
- develop your interpersonal skills to improve your working practice

## **Objectives**

- build and improve upon your existing skill sets
- develop your role and become more proactive
- identify ways to expand your knowledge of the company and business area
- have more control over your time and work output
- develop and apply your interpersonal intelligence



- manage your manager to mutual advantage
- write more effective letters, e-mails and other forms of business correspondence
- support and make memorable presentations

#### Content

#### **Day One**

# Building on existing skills and developing the role/ Organisational skills and time management

- What is your role?
- Becoming more proactive
- Self-development and expanding your knowledge of the business
- Organisational skills
- Planning and prioritising taking control over your work load

## **Day Two**

## Organisational skills and time management (cont)/Dealing with change

- Goal setting
- Time management under pressure
- Managing stress in self and others
- Coping with, and taking advantage of, change in the work environment

## **Day Three**

## The importance and value of communication skills



- Why are communication skills so important?
- Expressing yourself with clarity
- Spoken, written and remote communication differences and implications
- Telephone techniques
- Writing more effective business letters and e-mails
- Improving reports structure, relevance, layout and editing
- What makes a good presentation tips to excellent presentations

#### **Day Four**

## Managing your manager and raising your profile

- Image management
- Building an effective working relationship with your manager
- What is expected of you?
- Using your skills to enable your manager to concentrate on his/her priorities
- · Delegating and improving the quality of delegation received
- Working as a team

## **Day Five**

## Interpersonal intelligence and influencing skills

- Being a team player and flexibility
- Understanding yourself and other people
- Influencing skills gaining support and cooperation of others
- Improving self-confidence
- Assertiveness
- Resolving conflict
- Giving and receiving feedback



- Taking forward ideas for improvement
- Action planning



The Scandinavian Academy for Training and Development employs modern methods in training and skills development, enhancing the efficiency of human resource development. We follow these practices:

#### • Theoretical Lectures:

We deliver knowledge through advanced presentations such as PowerPoint and visual materials,
including videos and short films.

#### • Scientific Assessment:

 $\circ\,$  We evaluate trainees skills before and after the course to ensure their progress.

#### • Brainstorming and Interaction:

 We encourage active participation through brainstorming sessions and applying concepts through role play.

#### • Practical Cases:

• We provide practical cases that align with the scientific content and the participants specific needs.

#### • Examinations:

• Tests are conducted at the end of the program to assess knowledge retention.

#### • Educational Materials:

• We provide both printed and digital scientific and practical materials to participants.

#### • Attendance and Final Result Reports:

• We prepare detailed attendance reports for participants and offer a comprehensive program evaluation.

#### • Professionals and Experts:

• The programs scientific content is prepared by the best professors and trainers in various fields.

#### • Professional Completion Certificate:

Participants receive a professional completion certificate issued by the Scandinavian Academy for
Training and Development in the Kingdom of Sweden, with the option for international authentication.

#### • Program Timings:

 Training programs are held from 10:00 AM to 2:00 PM and include coffee break sessions during lectures.