



SCANDINAVIAN ACADEMY  
For Training and Development

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## Course: Organisational Resilience

Code	City	Hotel	Start	End	Price	Language - Hours
HS-495	Stockholm (Sweden)	Hotel Meeting Room	2026-06-15	2026-06-19	5950 €	En - 25

### Why Choose this Course?

Organisational Resilience is the ability to anticipate, avoid, protect, withstand, mitigate, respond and recover from the effects of change or adversity whether natural or man-made. It is the capacity of an organisation to plan for and adapt to change, or disruption.

Organisational Resilience as a corporate strategic goal therefore is crucially important, it is the organisation's capability to anticipate key events from emerging trends, constantly adapt to change, and rapidly bounce back from disaster. This course explores these and other concepts of resilience to understand key mechanisms that organisations should develop to best cope with ongoing and continuous change and to recover from adversity. Resilient organisations are forward thinking with proactive personnel, productive businesses and learning environments, they are able to foresee relevant scenarios that may have damaging effects on the organisation's operations. Therefore if you have, or could have, a key role to play in the resilience of your organisation, then this course is for you.

### This course will feature:

- Identification & investigation of 13 indicators that assesses the Resilience of an organisation.
- How individuals in Resilient organisations are attentive & continuously search for mechanisms to improve the reliability of operations across the whole organisation.
- How resilient organisations believe that with purpose, whatever disaster hits them, & regardless of the harm caused, they can recover & bounce back from trauma,



- quickly restoring business capabilities.
- How to adopt a process approach for establishing, implementing, operating, monitoring, reviewing, maintaining, & improving your Organisational Resilience Management System.
  - Analysis of USA & Australian National Organisational Resilience Standards

## What are the Goals?

With a clear focus on developing confidence and leadership capabilities in organisational resilience, this programme will equip you with the necessary skills and information to give your organisation the ability to continue to function effectively in the event of business threatening events.

### **By the end of this course participants will be able to:**

- Understand organisation's risk, security, safety, preparedness, resilience, response, high reliability & recovery requirements.
- Design policy, objectives and controls for you to manage Change as well as Risk.
- Apply current theories, concepts, practices & innovative solutions to organisational resilience.
- Determine how to monitor & review the performance & effectiveness of your Organisational Resilience management system.
- Apply Continual Organisational Resilient improvement based on objective measurement.

## Who is this Course for?

The advanced nature of this event will prove beneficial to those in management and team leadership with responsibility for either planning for or responding to change and crises across the complete management spectrum.

**This course is suitable therefore to a wide range of professionals but will**



## **greatly benefit:**

- Designated Incident, Emergency and Crisis Response Managers
- Fire, Safety and Security Professionals
- Risk, Marketing and Insurance Managers
- Operation, Asset, HR and Facility Managers
- Ministry or Government Regulators

## **How will this be Presented?**

This course will utilise a variety of proven adult learning techniques to ensure maximum understanding, comprehension and retention of the information presented.

Leadership, management and organisational improvement techniques will be covered utilising exercises, syndicate role playing, group discussions, crisis communication skills and team problem solving challenges. A comprehensive manual, with relevant case studies, videos and realistic exercises will cover all the aspects of the latest standards. A USB flash drive containing the manual, slides, exercises, check-lists, formats and templates is included and will of use to you and your team on your return to your office.

## **The Course Content**

### **Day One : Resilience is a Concept rather than a Discipline - But in the 21st Century Organisations must Strive to Achieve it as a Strategic Goal**

- The 13 Indicators and Principles of Resilience
- Business and Community resilience case studies & lessons learned
- Organisational and Environmental Risk, Threats & Impact Perspectives
- Understanding the impact of change or disaster on the Organisation
- Strategic Crisis and Emergency Management in a Resilience framework



- Strategic Risk and Risk Behaviour & People Skills in Risk Perception

## **Day Two : Resilience also includes Business Continuity & Disaster Recovery Management - “Survive but also Thrive in the Face of Adversity”**

- Identify and manage current and future threats to your business
- Take a proactive approach (ISO 22301) to minimizing the impact of incidents
- Keep critical functions up and running during times of change and crises
- Minimize downtime during incidents and improve recovery time
- Demonstrate resilience to all stakeholders
- Crisis Consequence and Recovery Management

## **Day Three : Communication & Culture - The Demands of “Black Swan”**

### **Thinking**

- Building ‘black swan’ resilience
- Strategic Anticipation and Foresight Analysis
- Managing the unpredictable using Scenario Planning
- Building more flexible teams and adaptive organisations
- Community (Societal) and interrelationship & Organisational Resilience
- Risk communication in high hazard environments

## **Day Four : Five Main Principles of Organisational Resilience**

- Leadership - Setting the priorities, commitment and allocating resources
- Culture - A resilient culture is built on principles of empowerment, purpose and trust
- People - Enhancing business resilience through people selection (HR)
- Systems - Globalization and systems enable resilience
- Settings - Resilient Virtual Organisation, workplace resilience equals workplace



agility

- Understanding the demands and styles of leadership to enable the above principles

## **Day Five : In Today's Multi-risk World, Organisations must be fully aware of Safety, Security & High Reliability Features & Characteristics**

- Best practice techniques for promoting a Safety Culture
- Assessing improvements & linking safety culture with an HSE Safe Management System (SMS)
- The fundamentals of Security Management & Asset Protection
- Features and characteristics of high reliability organisations
- How to develop & implement plans, procedures & tools to test & prove your whole Resilience System
- Course Evaluation



The Scandinavian Academy for Training and Development adopts the latest scientific and professional methodologies in training and human resource development, aiming to enhance the efficiency of individuals and organizations. Training programs are delivered through a comprehensive approach that includes:

- Theoretical lectures supported by PowerPoint presentations and visual materials (videos and short films).
- Scientific evaluation of participants before and after the program to measure progress and knowledge acquisition.
- Brainstorming sessions and practical role-playing to simulate real-life scenarios.
- Case studies tailored to align with the training content and participants work nature.
- Assessment tests conducted at the end of the program to evaluate the achievement of training objectives.

Each participant will receive comprehensive training materials, including theoretical content, practical exercises, and supporting resources, provided in both printed and digital formats. Detailed reports, including attendance records, final results, and overall program evaluations, are also provided.

Training materials are prepared professionally by a team of experts and specialists in various fields. At the end of the program, participants are awarded a professional attendance certificate, signed and accredited by the Scandinavian Academy for Training and Development.

### **Program Timings:**

- 9:00 AM to 2:00 PM in Arab cities.
- 10:00 AM to 3:00 PM in European and Asian cities.

### **The program includes:**

- A daily Coffee Break provided during the sessions to ensure participants comfort.