



SCANDINAVIAN ACADEMY
For Training and Development

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Course: The Support Staff and Administrative Assistant

Code	City	hotel	Start	End	price	Hours
363	Prague (Czech Republic)	Hotel Meeting Room	2025-06-23	2025-06-27	5450 €	25

Course Description

This is an exciting and interactive program. It is designed to provide office administrators, supervisors of clerical and administrative staff, executive secretaries and personal assistants the opportunity to review and develop the interpersonal and professional skills they need to do their jobs effectively. Thereby contributing to their own, their boss and their organization's success.

In this program you will learn how to:

- Manage a network of working relations
- Communicate effectively
- Manage time for yourself and others
- Manage the performance of admin staff
- Improve written communications
- Organise office systems

Course Objective



Participants attending this programme will:

- Extend their understanding of their roles and the key contribution they make to organisational success
- Review their working relationships
- Review and developed their personal organisation, communication and interpersonal skills
- Develop an action plan to help themselves, their boss and other colleagues work in more effective and efficient ways

Course Outline

Program Introduction/ Roles, Competences and Personal Effectiveness

- Program introduction and objectives
- Action planning
- The 'competence' model of skills, behaviours and values
- Personal competence review
- Time management constraints - resources, systems, other people and self
- Handling requests and conflicting priorities

Team Working, Communication & Meetings

- Team working and team roles
- Briefing skills - giving, receiving and passing on
- Organising, and participating in, meetings
- Notes, minutes and follow-up

Managing Working Relationships

- Delegation - giving and receiving
- Communication and listening skills



- Assertiveness, conflict and criticism
- People problems and problem people

Managing Time/Desk Management/Written Communication Skills

- Managing interruptions and access
- Planning and priority setting
- Office layout and ergonomics
- Managing the paper-load
- Getting the best from e-mail and office technology
- Report and letter writing
- Setting & developing company writing standards
- Editing and proof-reading skills

Managing Staff Performance/Action planning

- Dimensions of performance
- Motivation
- Appraisal
- Coaching and on-job training skills



The Scandinavian Academy for Training and Development employs modern methods in training and skills development, enhancing the efficiency of human resource development. We follow these practices:

- **Theoretical Lectures:**

- We deliver knowledge through advanced presentations such as PowerPoint and visual materials, including videos and short films.

- **Scientific Assessment:**

- We evaluate trainees skills before and after the course to ensure their progress.

- **Brainstorming and Interaction:**

- We encourage active participation through brainstorming sessions and applying concepts through role play.

- **Practical Cases:**

- We provide practical cases that align with the scientific content and the participants specific needs.

- **Examinations:**

- Tests are conducted at the end of the program to assess knowledge retention.

- **Educational Materials:**

- We provide both printed and digital scientific and practical materials to participants.

- **Attendance and Final Result Reports:**

- We prepare detailed attendance reports for participants and offer a comprehensive program evaluation.

- **Professionals and Experts:**

- The programs scientific content is prepared by the best professors and trainers in various fields.

- **Professional Completion Certificate:**

- Participants receive a professional completion certificate issued by the Scandinavian Academy for Training and Development in the Kingdom of Sweden, with the option for international authentication.

- **Program Timings:**

- Training programs are held from 10:00 AM to 2:00 PM and include coffee break sessions during lectures.