



SCANDINAVIAN ACADEMY
For Training and Development

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Course: Energy Management System (BS EN 16001: ISO 50001 Development and Implementation)

Code	City	Hotel	Start	End	Price	Language - Hours
180	Manama (Bahrain)	Hotel Meeting Room	2025-08-10	2025-08-14	3450 €	En - 25

The Course

Energy and Carbon Management are now seen as essential aspects of successful organisational management. The use of energy resources is fundamental to our outcomes, however often little time is given to its management and control even though the pressures are ever present to reduce organisational costs and usage of resources plus minimisation of perceived environmental impact.

Energy Management, on a day by day basis, is neither overly complex nor difficult once the necessary practices and methodologies, suitable for the organisation, have been learnt and applied.

- Understand the process of Energy Management
- Learn about the International Energy Management Standard (ISO 50001)
- Reduce operational costs, Carbon footprint and Environmental Impact
- Network with others wishing to take control of this aspect of their organisation
- Learn from an international Energy Management practitioner

The Goals

The objectives of this course can be summarised as follows:

- To understand where energy resources come from
- To identify energy 'Waste'



- To gain expertise in managing the resource once it comes on site
- To enrol all organisational colleagues in the day to day management of energy resources
- To demonstrate to all parties (Customers and Suppliers) the best practices being carried out

The Process

The programme will be based on a series of PowerPoint modules each supported with exercises and occasional practical exercises involving the delegates.

Delegates will partake in a series of 90 mins. approx. units / modules which will use:

- PowerPoint material
- Videos
- Discussions
- Case Studies and examples
- Role playing in groups based on sample material
- Exercises

Physical example energy audit of local premises

The Benefits

- A developed ability to identify and prioritise energy wasteful activities and practices
- A developed understanding of the contribution that can be made by every member of staff (at ALL levels)
- An ability to gather, process and analyse data and relate it to other aspects of organisational levels of activity
- An ability to develop and project manage solutions that will enhance organisational



performance

- Improved individual managerial performance and expertise

The Results

- Effective analysis of how where and when energy resources are employed
- The ability to create a Policy / Strategy for cost reduction
- Better personnel relationships and involvement / awareness
- Compliance with Internationally recognised business practices
- The foundation of methodologies to support future (or current Carbon and Green House Gas reporting)

The Core Competencies

- Develop Policies and Strategies
- Understand Objectives and Targets related to resource usage
- Recording and responding to variations from short period budgets
- Establishing effective metering approaches
- Staff development and Training

Programme Content

Day One

Energy Overview

- Energy & the Environment
- Energy laws, regulations and procedures
- Energy Language
- Carbon Emissions



- Energy Standards
- Energy applications

Day Two

Energy Data & Management

- Invoices
- Metering
- Data manipulation and interpretation
- Management output
- Using data
- Evaluation Management competency

Day Three

Energy Auditing / Review

- Auditing process
- Simple Auditing
- > Management Auditing
- Detailed Auditing
- Process Assessment
- Equipment and activity Assessment

Day Four

Monitoring and Targeting

- Using raw data
- Establishing connections with activity levels



- Benchmarks / KPIs
- Regression Analysis and CuSum
- Establishing budgets and targets for consumption
- Automatic Monitoring & Targeting / Reporting

Day Five

People power

- Sources of help & guidance
- Enrolling Staff members
- Making Policy & Strategy work
- Partnerships
- Information / communication



The Scandinavian Academy for Training and Development employs modern methods in training and skills development, enhancing the efficiency of human resource development. We follow these practices:

- **Theoretical Lectures:**

- We deliver knowledge through advanced presentations such as PowerPoint and visual materials, including videos and short films.

- **Scientific Assessment:**

- We evaluate trainees skills before and after the course to ensure their progress.

- **Brainstorming and Interaction:**

- We encourage active participation through brainstorming sessions and applying concepts through role play.

- **Practical Cases:**

- We provide practical cases that align with the scientific content and the participants specific needs.

- **Examinations:**

- Tests are conducted at the end of the program to assess knowledge retention.

- **Educational Materials:**

- We provide both printed and digital scientific and practical materials to participants.

- **Attendance and Final Result Reports:**

- We prepare detailed attendance reports for participants and offer a comprehensive program evaluation.

- **Professionals and Experts:**

- The programs scientific content is prepared by the best professors and trainers in various fields.

- **Professional Completion Certificate:**

- Participants receive a professional completion certificate issued by the Scandinavian Academy for Training and Development in the Kingdom of Sweden, with the option for international authentication.

- **Program Timings:**

- Training programs are held from 10:00 AM to 2:00 PM and include coffee break sessions during lectures.