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## Course: IOSH Managing Safely

| Code   | City          | Hotel              | Start      | End        | Price  | Language - Hours |
|--------|---------------|--------------------|------------|------------|--------|------------------|
| HS-179 | Muscat (Oman) | Hotel Meeting Room | 2026-04-12 | 2026-04-16 | 3950 € | En - 25          |

### The Course

Safety is not the prerogative of the safety specialist but also one of the component parts in every management discipline. An office manager is no less responsible for the safety of his team than the construction manager. The law and company policy applies equally to both. The course will not turn delegates into safety experts but it will give them the appreciation of what safety issues are about and the methods available to them to ensure that safety is implemented in their own workplaces. It is after all a manager's responsibility to have a workplace free of danger and a workforce free of ill health and accidents. Managers will be able to review their own departmental systems for safety, introducing new controls or implementing changes as appropriate to ensure safety in the workplace.

### Upon successful completion of the course delegates should be able to:

- Implement workplace precaution hierarchies
- Identify data and techniques required to produce an adequate record of an incident
- Prepare and use active monitoring checklists
- Explain the component parts of a recognised Safety Management System
- Implement environmentally friendly systems

### The Goals

- Understanding, assessing and controlling risks
- Understanding responsibilities



- Investigating accidents and incidents
- Measuring performance
- Protecting the environment

## **The Process**

The course is presented with superb power point and animated graphic presentations. Quizzes, board games and DVDs keep the delegates active and fully involved, on the ball and never bored. It is a practical program with easy guidance and a sharp business aim. Delegates will be enthusiastic and involved and ready to go back to implement the methods learnt on going back to work.

## **The Benefits**

### **Participants will gain:**

- Confidence in having attended a certified course
- Recognise the best current practices
- Appreciation of environment issues
- Understanding of Safety Management
- Knowledge of risk evaluation that will better prepare them to anticipate different contingencies

## **The Results**

**The company that sends personnel to this seminar will gain in that the delegates:**

- Will acquire an internationally recognised certificate
- Understand the basics of both safety and environment



- Appreciate their own responsibilities within the law
- Become better-motivated that will result in cost savings
- Develop different approaches to increase organisational effectiveness and efficiency

## **The Core Competencies**

- The legal basis of safety
- Safety Management Systems
- Active monitoring & Reactive Monitoring
- Risk assessment and risk control
- Environmental awareness

## **The Programme Content**

### **Day One**

#### **Introduction and Assessing Risks**

- Introduction
- Course Overview
- The importance of managing safety
- The managers Responsibilities
- The risk assessment process
- Risk assessment

### **Day Two**

#### **Controlling Risks & Understanding Responsibilities**



- How to reduce Risks
- Hierarchy of risk control
- Responsibilities of Managers
- Civil Law & Criminal Law
- Safety Management Systems
- Mock Assessment 1

## **Day Three**

### **Identifying Hazards**

- Common Hazards
- Identifying the Hazards
- Video
- Physical hazards
- Chemical hazards
- Mock Assessment 2

## **Day Four**

### **Investigating Incidents & accidents**

- The reasons for investigating incidents
- How accidents occur
- Causes & consequences
- Investigations
- Reports
- Mock Assessment 3

## **Day Five**



## **Measuring Performance & Environmental Protection**

- Active & Reactive Monitoring
- Audits
- Revision
- Preparation of Assessment
- Assessment
- Briefing on Practical Assessment



The Scandinavian Academy for Training and Development adopts the latest scientific and professional methodologies in training and human resource development, aiming to enhance the efficiency of individuals and organizations. Training programs are delivered through a comprehensive approach that includes:

- Theoretical lectures supported by PowerPoint presentations and visual materials (videos and short films).
- Scientific evaluation of participants before and after the program to measure progress and knowledge acquisition.
- Brainstorming sessions and practical role-playing to simulate real-life scenarios.
- Case studies tailored to align with the training content and participants work nature.
- Assessment tests conducted at the end of the program to evaluate the achievement of training objectives.

Each participant receives the training material (both theoretical and practical) in printed form and saved on a CD or flash drive. Detailed reports, including attendance records, final results, and overall program evaluations, are also provided.

Training materials are prepared professionally by a team of experts and specialists in various fields. At the end of the program, participants are awarded a professional attendance certificate, signed and accredited by the Scandinavian Academy for Training and Development.

### **Program Timings:**

- 9:00 AM to 2:00 PM in Arab cities.
- 10:00 AM to 3:00 PM in European and Asian cities.

### **The program includes:**

- A daily buffet provided during the sessions to ensure participants comfort.