



SCANDINAVIAN ACADEMY
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Course: Level 4 Award in Health & Safety in the Workplace

Code	City	Hotel	Start	End	Price	Language - Hours
191	Muscat (Oman)	Hotel Meeting Room	2025-08-10	2025-08-14	3950 €	En - 25

The Course

Health and safety technology and procedures are very important aspects of health and safety management. However, on their own, these will not provide a continuous improvement in health and safety performance. It is necessary to have personnel with a sound understanding of the areas that can give rise to losses. The course covers all the basic areas of Safety in the Workplace such as Safety Management, Safety Culture, Workplace Equipment, Hazardous agents and Legislation.

Delegates attending the course will learn about:

- Safety Legislation
- Safety Management systems
- Safety Culture
- Hazardous agents
- Workplace equipment Hazards

The Goals

- Be able to advise on aspects of the management of health and safety in the workplace
- Determine health and safety training requirements
- Identify areas where specific legal requirements apply
- Determine good health and safety practice



- Identify areas for improvement through a risk assessment approach

The Benefits

Delegates attending the course will gain:

- An Internationally recognized certificate
- Confidence in dealing with Safety issues
- Knowledge on Safety Management systems
- Understand the factors that influence Safety Culture
- Be able to minimise risk from the use of machinery

The Results

The company that sends personnel to this seminar will gain because:

- The employees will gain competence in Safety
- The qualification will satisfy the legislation
- Accidents will be reduced
- Positive action by trained personnel will increase efficiency
- The delegates will be able to deliver Level 1 &2 CIEH Safety Training

The Core Competencies

- Health and Safety Management Systems
- Safety Legislation
- Health and Safety Culture
- Work Equipment Hazards and Control
- Hazardous Agents control



The Programme Content

Legislation

- Introduction
- Duties and Responsibilities
- Safety Law in the UK and EU
- The role & powers of enforcing agencies
- Consequences of non compliance with the law
- Question time

Health and Safety Management

- Elements of a Safety Management system
- Health and Safety Policy
- Health and Safety Policy
- Safe Systems of Work
- Inspections and Audits
- Question time

Safety Management and Culture

- Accidents and Incidents
- What is Safety Culture?
- Developing a positive Safety Culture
- Communication
- Safety Committees
- Question time

Workplace and Work Equipment

- Welfare arrangements



- First Aid
- Minimising hazards of work equipment
- Electrical Safety
- Emergency arrangements
- Question time

Hazardous Agents

- Occupational Health
- Chemical hazards control
- Physical Hazards - Noise, Vibration, Radiation, Manual Handling
- Psychological hazards - Stress
- Question time
- Course Evaluation and Summary



The Scandinavian Academy for Training and Development employs modern methods in training and skills development, enhancing the efficiency of human resource development. We follow these practices:

- **Theoretical Lectures:**

- We deliver knowledge through advanced presentations such as PowerPoint and visual materials, including videos and short films.

- **Scientific Assessment:**

- We evaluate trainees skills before and after the course to ensure their progress.

- **Brainstorming and Interaction:**

- We encourage active participation through brainstorming sessions and applying concepts through role play.

- **Practical Cases:**

- We provide practical cases that align with the scientific content and the participants specific needs.

- **Examinations:**

- Tests are conducted at the end of the program to assess knowledge retention.

- **Educational Materials:**

- We provide both printed and digital scientific and practical materials to participants.

- **Attendance and Final Result Reports:**

- We prepare detailed attendance reports for participants and offer a comprehensive program evaluation.

- **Professionals and Experts:**

- The programs scientific content is prepared by the best professors and trainers in various fields.

- **Professional Completion Certificate:**

- Participants receive a professional completion certificate issued by the Scandinavian Academy for Training and Development in the Kingdom of Sweden, with the option for international authentication.

- **Program Timings:**

- Training programs are held from 10:00 AM to 2:00 PM and include coffee break sessions during lectures.