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# Course: Security & Health and professional safety

Code	City	Hotel	Start	End	Price	Language - Hours
296	Manama (Bahrain)	Hotel Meeting Room	2025-11-30	2025-12-04	3450 €	En - 25

## Overview

## The Course

Security Officers are professionals who work in a variety of organizations and with diverse groups of people. As such, they require the necessary skills and knowledge to enhance both personal and organizational performance. As quickly as the world and its continents change and develop, so do risks and threats of dealing with people of this world. Organizations can no longer view security departments and employees as lower level functions. In order to ensure staff in these departments function effectively within the realm of the larger organizational objectives, it is essential that security officers have skills to lead their staff and department teams and individual officers have the required skills and expertise to provide an effective response to implementing successful security.

In order to achieve a consistent level of best practice in security, the officer needs to understand the requirements of the industry, their organization and department, their team and their security projects.

This comprehensive seminar is designed to equip delegates with skill, knowledge and ability to perform their duties to international standards and current best practice in security. The course is an opportunity to develop security skills that will enhance any organization or individual officer`s ability to handle conflict situations and security solutions. The course is structured to develop knowledge in technical security areas of roles and functions, risk assessment, legislation, health/safety, incident control and



crisis management. This highly interactive and hands-on seminar is designed to empower participants to have an opportunity to learn, understand and practice techniques that make security work more efficient and effective, therefore creating conditions for productivity.

## **The Goals**

**At the end of the seminar, delegates should be able to:**

- Identify best practice and effective policy implementation on leading security solutions
- Effectively operate and interact with a security function
- Identify communication strategies to build more productive communications
- Understand the roles of Security Officer
- Know how to effectively diffuse and deal with conflict
- Understand special risk requirements
- Identify the components of an Improvised Explosive device (IED)

## **The Process**

The delegates will be involved in the latest trends in seminar presentations. The classroom presentations are made up of interactive practical exercises, supported by audio visual material and case studies. Delegates will be expected to participate actively in relating the principles of security management to the specific needs for their industry. The final week`s module involves delegates in security case studies and actual issues which exist in their organizations. This practical development of skills will benefit delegates who then can return to work ready for implementation of security measures and plans.

## **The Benefits**



The programme will identify best practices for security roles including the main responsibilities for the security officer, the challenges faced and methods for successfully addressing these issues. Individuals will learn to identify critical success factors and early warning indicators to effectively combat risks before they impact the organisation. This course has a unique feature, a practical, hands-on module of security case studies and work on an actual security issue in the delegate`s place of work. This feature allows delegates to learn and practice skills in typical work situations.

## **The Results**

### **Delegates attending this seminar will:**

- Gain an improved personal knowledge of threats and risks to their organisation, they will learn skills to combat these threats and put into place standards, plans and strategies which if successfully implemented will increase their professional reputation and improve their ability to deal with serious security issues.
- Gain an understanding of the strong business reasons why organisations should effectively manage and plan to protect their human and physical resources. This will lead to improvements in their organisation`s professional reputation, standard operating procedures and the ability to continue to function effectively and successfully in the face of today`s threats.

## **The Core Competencies**

- Health and safety awareness
- Specialist security knowledge and awareness
- Preparation, planning and risk assessment
- Log keeping, post incident reporting, problem solving and analytical thinking
- Conflict management and techniques for diffusing aggressive situations
- Effective communication and methods for team cooperation



# The Programme Content

## Day One

### Introduction to Security

- Define the key purpose of security
- The main objectives of a security officer
- Qualities of a security officer
- Assignment instructions
- Control rooms
- Confidentiality
- Different types of patrols
- Perimeter security and access control
- Security lighting

## Day Two

### Threats to Assets

- Understanding loss
- Key point identification
- Key point identification (Case study)
- Risk analysis
- Risk analysis (Case study)
- Security survey (Theory)
- Security survey (Practical)

## Day Three



## Special Risks

- Understanding terrorism
- Weapons and explosives recognition
- Conditions in place before searching
- Different types of search (Theory)
- Different types of search (Practical)
- Actions on a find
- Evacuation planning
- Threat warning reports

## Day Four

### Control and Restraint

- Legal considerations
- Impact factors
- Reasonable response options
- Profiled offender behaviour
- Identification of warning signs
- Identification of danger signs
- Striking techniques
- Primary target area
- Secondary target area
- Final target area
- Use of force report writing
- Positional asphyxia

## Day Five



## **Fire Prevention**

- The nature of fire (Video)
- Three elements of fire
- Classifications of fire
- Fire extinguishers
- Fire risk assessment
- Fire risk assessment (Practical)



**The Scandinavian Academy for Training and Development employs modern methods in training and skills development, enhancing the efficiency of human resource development. We follow these practices:**

• **Theoretical Lectures:**

- We deliver knowledge through advanced presentations such as PowerPoint and visual materials, including videos and short films.

• **Scientific Assessment:**

- We evaluate trainees skills before and after the course to ensure their progress.

• **Brainstorming and Interaction:**

- We encourage active participation through brainstorming sessions and applying concepts through role play.

• **Practical Cases:**

- We provide practical cases that align with the scientific content and the participants specific needs.

• **Examinations:**

- Tests are conducted at the end of the program to assess knowledge retention.

• **Educational Materials:**

- We provide both printed and digital scientific and practical materials to participants.

• **Attendance and Final Result Reports:**

- We prepare detailed attendance reports for participants and offer a comprehensive program evaluation.

• **Professionals and Experts:**

- The programs scientific content is prepared by the best professors and trainers in various fields.

• **Professional Completion Certificate:**

- Participants receive a professional completion certificate issued by the Scandinavian Academy for Training and Development in the Kingdom of Sweden, with the option for international authentication.

• **Program Timings:**

- Training programs are held from 10:00 AM to 2:00 PM and include coffee break sessions during lectures.